

THE RABBANI PROJECT & RABATA UK PRESENTS:

LADIES OF LIGHT



QURAN HEALING CIRCLE

SANCTUARY
OF LIGHT

PROGRAMME 2026



Schedule



18:00 GMT | 12:00 CST | 05:00 AEDT

Welcome and Intention Setting
Host: Anse Dr Amena Hakim and Rabiah Mali

18:15 GMT | 12:15 CST | 05:15 AEDT

Surat As-Sajdah
Reciter: **Qaria Atiiqah Suhaimi**



18:25 GMT | 12:25 CST | 05:25 AEDT

Surat Ya-Sin
Reciter: **Hafidha Samia Mubarak**

18:45 GMT | 12:45 CST | 05:45 AEDT

Surat Ad-Dukhan
Reciter: **Qaria Dr Amena Hakim**

19:00 GMT | 13:00 CST | 06:00 AEDT

Surat Al-Waqi'ah
Reciter: **Qaria Nishat Lal**

19:25 GMT | 13:25 CST | 06:25 AEDT

Surat Al-Mulk
Reciter: **Hafidha Somaia Youssef**

19:35 GMT | 13:35 CST | 06:35 AEDT

Surat Al-Insan
Reciter: **Qaria Rania Abdulbari**

19:45 GMT | 13:45 CST | 06:45 AEDT

Surat Al-Buruj
Reciter: **Qaria Nurenisa Reichling**



Dua

**19:55 GMT
13:55 CST
06:55 AEDT**



Ladies of Light

QURAN HEALING CIRCLE

Ladies of Light: Quran Healing Circle, is an annual event put together by The Rabbani Project and Rabata UK. A live 24-hour recitation of the entire Quran with each Juz (chapter) recited by a female reciter from around the world. Reciters join us from all backgrounds, ages, journeys, and stories. It is an online gathering that was formed in 2021 in response to the need for collective healing. We intend this to be a space where we personally and collectively connect with the Quran to heal our hearts, nourish our souls, and bring the Quran into our homes. It is also an opportunity to honour and recognise the strong Islamic heritage of female reciters of Quran.

Ladies of Light is a series of events that started in 2015, as a response for a need for spaces that centred both female spirituality and creativity. It is a sacred, nurturing space to learn, connect, and honour the many dimensions of being a Muslim woman. It offers a deep spiritual grounding in our rich heritage and invites us to immerse ourselves in the lives and stories of the 'Ladies of Light' who came before us—guiding us to recognise our own journeys reflected in the examples of these women devoted to the Divine.

Our offerings also include our retreats that are immersive weekends centred on the female Companions of the Prophet (ﷺ). We also hold creativity as a core place of connection and healing, which includes facilitating spaces including drumming, geometry, singing, natural remedies, and more.

[THERABBANIPROJECT.COM/LADIESOFLIGHT](https://therabbaniproject.com/ladiesoflight)



@LADIESOFLIGHTEVENTS

QURAN HEALING CIRCLE

SANCTUARY OF LIGHT

This year at the Quran Healing Circle instead of our annual 24 hour recitation, we invite you into the 'Sanctuary of Light' to take a short pause and enter a space of live female Quran recitation, where your heart can find peace through the Divine Word.

This will be a 2 hour session, with selected Surahs recited for their unique healing qualities, for comfort in grief, for strength in uncertainty, with every verse offering a balm for each of our hearts. This will be a source of peace, clarity, and deep connection.

Join us in the 'Sanctuary of Light' and find a quiet moment, and stay with us for a short time, and let the words of Allah reach you where you need them most.

A space for spiritual refuge, reflection, and renewal.
Listen. Receive. Heal.

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Ladies of Light
Quran Healing Circle

Intentions

- ✦ A space for healing, connection, and nourishment
- ✦ A space to remember loved ones
- ✦ A space to provide an opportunity for Sadaqa Jariya (continuous charity) for ourselves and for loved ones
- ✦ A space to reap the rewards of reciting/listening to each letter of the Quran
- ✦ A space to connect to the Quran, bring the words and sound of the Quran into our homes and into our hearts
- ✦ A space to create a virtual community and connection of sisterhood
- ✦ A space to feel hope and companionship with the Quran
- ✦ A space to feel inspired and to have a greater relationship with the Quran
- ✦ A space to ready the heart for Ramadan

May our hearts be moulded by the praiseworthy qualities mentioned in the recitation. May the recitation uproot any physical or spiritual illnesses from our hearts.

May our hearts be illuminated and our character beautified by the Quran

The Rabbani Project



@ T H E R A B B A N I P R O J E C T

S P I R I T U A L I T Y . N A T U R E . C R E A T I V I T Y

The Rabbani Project is a collective dedicated to creating spaces to connect to the essential art forms of creativity, spirituality, and nature. All of which have a strong Islamic heritage and crucial role in understanding our roles as 'stewards' and our connection to Allah.

The Rabbani Project has three main projects: The Salaam Cafe, Ladies of Light, and Green Deen Tribe. All these are spaces dedicated to healing, nourishment, connection, and communities of God (Rabbaniyun).

You can support us by donating via our website:



WWW.THERABBANIPROJECT.COM/DONATE



@RABATA_ORG



CREATING POSITIVE CULTURAL CHANGE, THROUGH CREATIVE EDUCATIONAL EXPERIENCES

Rabata UK is an affiliate of Rabata, an organisation dedicated to building a better society through the educational and spiritual development of women by women, amplifying the female voice in scholarship and publishing, and graduating teachers and religious leaders ready to serve their communities.

Rabata UK, has been serving the community since 2013, spanning from youth camps for teenage girls, educational and spiritual tours across the UK, and many collaborations with other organisations, working to bring positive cultural change. Our events are both in-person and online. Do join us in our multiple programs including our weekly Jumuah Lights, WhatsApp Quran Challenges, and in our many Special Islamic Calendar Events.

You can support us by donating via the Rabata website or email rabatauk@rabata.org.

WWW.RABATA.ORG



The Seven Selected Surahs

**Surat As-Sajdah, Surat Ya-sin, Surat Ad-Dukhan,
Surat Al-Waqi'ah, Surat Al-Mulk, Surat Al-Insan, and
Surat Al-Buruj**

Each ayah (verse) of the Quran has a unique impact on the heart. Verses that offer reminders of Allah's forgiveness and compassion, as well as guidance when we are lost and overwhelmed.

In recent years, where we look for our hearts to be filled with patience, resilience, and hope, the recitation of the Quran nurtures all and deepens our trust in Allah.

Each surah that has been selected for the 'Sanctuary of Light' offers its own unique healing and reminder for our hearts. We pray that what your heart is seeking is found in the 'Sanctuary of Light'.

[THERABBANIPROJECT.COM/LADIESOFLIGHT](https://therabbaniproject.com/ladiesoflight)



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Meet the

Reciters

We are blessed to have distinguished female reciters leading us in recitation from across the globe. From Germany to Singapore, from the United States of America to Eritrea, and everywhere in between, our reciters represent different cultures and languages – but all have one thing in common; a dedication and love of the Quran Al Kareem.

Let us introduce you to...



Qaria Atiiqah Suhaimi is a highly acclaimed reciter, respected teacher, and distinguished calligrapher from Singapore. Qaria Atiiqah has obtained a BA degree in Islamic Theology from Al Azhar University, Cairo, as well as being a graduate of Madrasah Aljuneid Al Islamiah in Singapore. She is a specialised maqaamat trainer for iTaraanum in Singapore as well as the main calligrapher for The Bustan Khat, a calligraphy school in Singapore. Qaria Atiiqah's Quran recitation has taken her around the world for competitions. She came 1st in the National Tilawah Competition in Singapore in 2009 and 2017. She came 2nd in the International Quran Competition in Brunei in 2019.



HAFIDHA

Samia Mubarak



Hafidha Samia Mubarak is the founder of Quranic Ocean, where she teaches guided Tadabbur classes on how to build personal and emotional connections with Allah's words. She completed her Quran memorisation shortly after attaining her Bachelor's degree in Communications with a minor in Psychology from Florida State University. Hafidha Samia is a student of the Muddakir Quran Tafseer and memorization program and of the Suhba Seminary by Al-Madina. She is a Quran teacher for The Ribaat Academic Institute and is currently working on an Ijaza in the Hafs recitation. Hafidha Samia is a single mother to two girls, one of which was born with a very rare syndrome called CHILD and has special medical needs. She is a home barista, and she loves making latte art! She hopes to help people dive deep into the Quranic ocean so they can find comfort and reassurance through Allah's words amidst the varying circumstances of life.



Qaria Dr. Amena Hakim is a general practitioner living in London, UK. A student of Anse Dr. Tamara Gray and originally from Lebanon, Qaria Dr. Amena grew up studying under the tutelage of her parents, both of which hold a degree in Sharia, and with various female Scholars on her visits to Lebanon. She later went on to gain a BSc(Hons) in Biomedical Science at the University of Westminster and went on to study Medicine at the University of St. George's, London. She is also a member of the Royal College of General Practitioners. Qaria Dr. Amena was part of the first group of students to graduate with the Teacher Certificate from The Ribaat Academic Institute.

Qaria Dr. Amena enjoys singing Nasheeds and is a member of the Hakim sisters Nasheed group, who have performed nationally and internationally. She works within the community to bring back the joy and happiness of our faith. Qaria Dr. Amena serves as the Halaqat Lead at Rabata, and as part of the Rabata UK Team, a Rabata Affiliate. She was also involved in the setting up and running of a Saturday Arabic school in London called Dar Alfarah.

SPIRITUALITY. NATURE. CREATIVITY

The Rabbani Project

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UPCOMING EVENTS 2026



JANUARY

ONLINE DRUMMING & NASHEED COURSES

WITH THE PEARLS DRUMMING SCHOOL

Term starts: January 2026

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JANUARY

THE SANCTUARY RETREAT

KENT

Saturday 31st January and Sunday 1st February

IG: @ladiesofflightevents

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APRIL

WOMEN OF REMEMBRANCE RETREAT

SPAIN

Date: 8th to 13th April 2026

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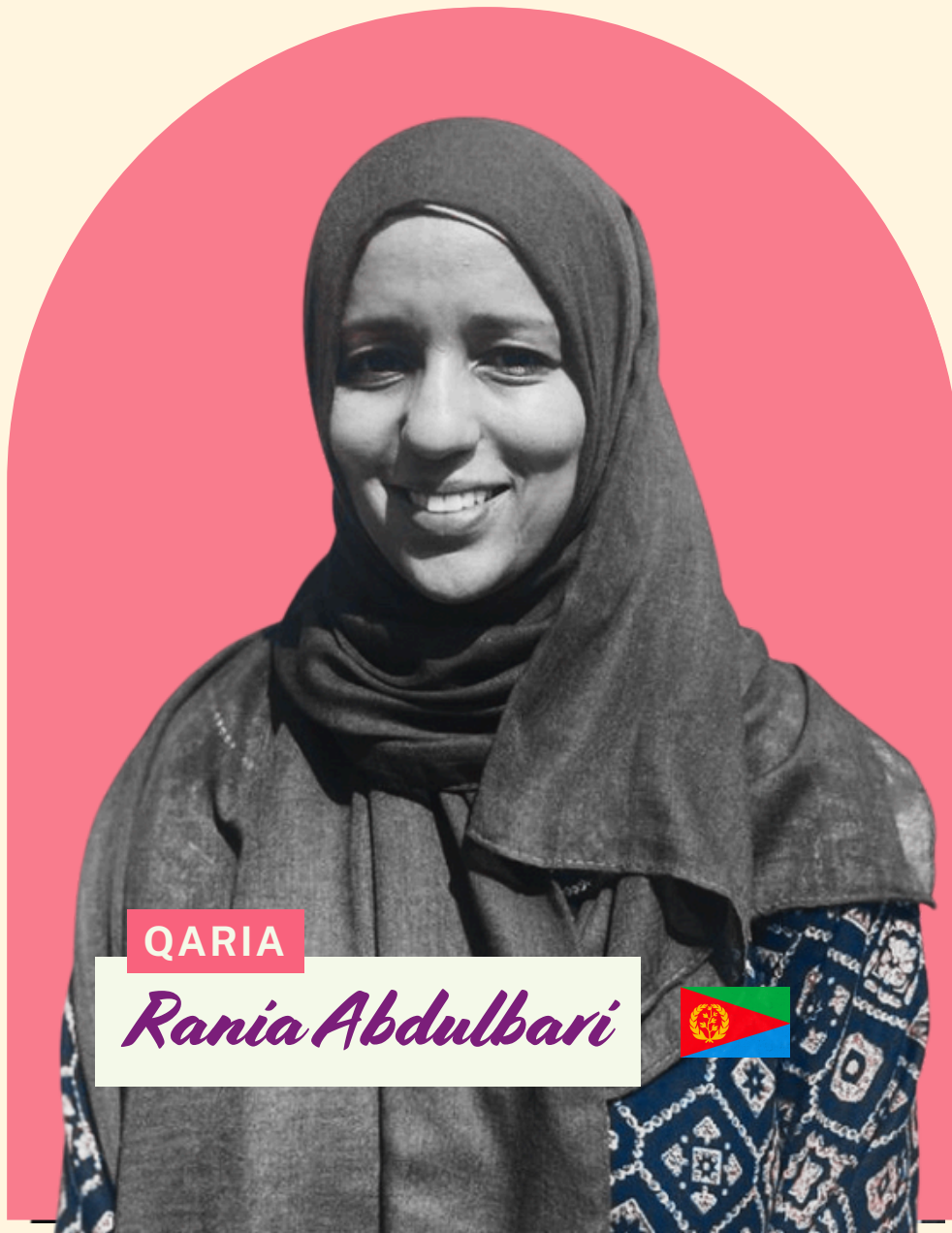


Qaria Nishat Lal was raised in Cardiff, Wales. A born Muslim of Indian descent, she began studying Arabic at age 14, which was her springboard to receiving her Bachelors degrees in Arabic and History from the University of London. She then travelled to Syria, where she met Anse Dr. Tamara Gray, earned her Ijaza in Tajwid, and studied at the University of Damascus for a year. Upon her return to England she earned a Masters degree in Arabic Translation from the School of Oriental and African Studies in London. Qaria Nishat has taught both Arabic and Tajwid online extensively, as well as in person. She has been teaching Arabic with The Ribaat Academic Institute since 2014. She also works with Tajwid students one-on-one as part of the Ribaat Tajwid Program and teaches Sira in her local community.

Qaria Nishat also translated the beautiful dua' collection, In the Garden of Remembrance, a Daybreak Press publication. She assisted in building the RabaTeens Program and has been teaching a Rabata Halaqa since 2023. She also plays an important role as part of the Rabata UK Team, a Rabata affiliate.



Hafidha Somaia Youssef, is an Egyptian living in the USA. She graduated from Al Azhar University in Egypt and completed her memorisation of the holy Quran in high school. She attained an Ijaza in the recitation of Imam Hafs 'an 'Asim. Hafidha Somaia has been learning and teaching Quran with Tajwid from the age of 16 years.



Qaria Rania Abdulbari, from Eritrea, was born and raised in Saudi Arabia, and is currently residing in Illinois, USA. Qaria Rania studied Clinical Laboratory Science and worked in the field for a few years and then decided to devote her time to her three children. As both a dedicated student and teacher of Quran, Qaria Rania has cultivated a profound connection to its verses, culminating in the achievement of an Ijaza in Rewayat Hafs, marking a significant milestone in her ongoing quest to master the recitation, memorisation, and understanding of the Quran. In addition to teaching, Qaria Rania has also dedicated time to taking Quran classes, further enriching her understanding of its teachings.

POSITIVE CULTURAL CHANGE, THROUGH CREATIVE
EDUCATIONAL EXPERIENCES

Rabata UK

UPCOMING EVENTS 2026

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RECURRING

JUMUAH LIGHTS

EVERY THURSDAY

9 PM

To join please email: rabatauk@rabata.org



RECURRING

QURAN CHALLENGES

ON WHATSAPP

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SEASONAL

SPECIAL EVENTS

ISLAMIC CALENDAR

Dates: TBA

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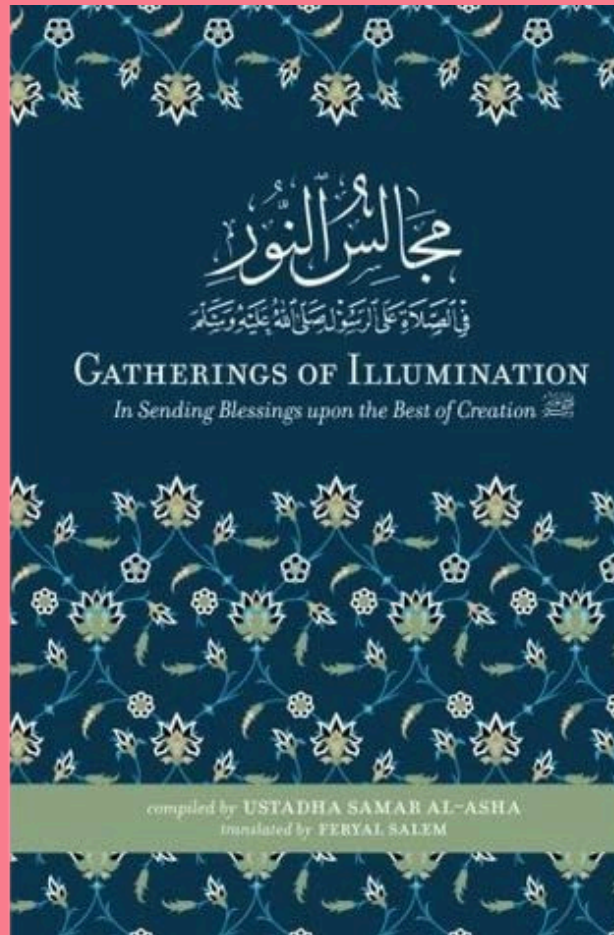
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Qaria Nurenisa Reichling is the daughter of German converts. She studied Arabic in Syria, Lebanon, Belgium, Austria, and other places, and graduated in Translation Studies and Economics from the University of Graz, Austria. During her stay in Damascus, Qaria Nurenisa received her first Tajwid Ijaza in the recitation of Hafs 'an 'Asim from Shaykh Muhammad Kurayyim Rajih in May 2010. Ever since, she has continued her Quran recitation and studies and obtained her Ijaza for the Ashara Sughra in 2023. Alongside her current day job in Corporate Tax, Qaria Nurenisa is also a member of the Rabata UK Team, a Rabata affiliate, and plays an essential role in organising the Jumuah Lights weekly online Surat al-Kahf recitations for women by women.

Book of Supplications

We will close the gathering with dua (invocations) recited from the book: "**GATHERINGS OF ILLUMINATION: IN SENDING BLESSINGS UPON THE BEST OF CREATION**". You can purchase the book via either of the links below:



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